

**St Malachy's Catholic Church
Stations of the Cross
Whole School Service**



First Hymn - The Servant King

From heaven you came helpless babe,
entered our world, your glory veiled,
Not to be served but to serve,
And give Your life that we might live.

This is our God, The Servant King;
He calls us now to follow Him,
To bring our lives as a daily offering,
Of worship to The Servant King.

There in the garden of tears,
My heavy load he chose to bear;
His heart with sorrow was torn,
"Yet not My will but Yours," He said.

This is our God, The Servant King;
He calls us now to follow Him,
To bring our lives as a daily offering,
Of worship to The Servant King.

Come see His hands and His feet,
The scars that speak of sacrifice;
Hands that flung stars into space,
To cruel nails surrendered.

This is our God, The Servant King;
He calls us now to follow Him,
To bring our lives as a daily offering,
Of worship to The Servant King.

So let us learn how to serve,
and in our lives enthrone Him;
Each other's needs to prefer,
for it is Christ we're serving.

This is our God, The Servant King;
He calls us now to follow Him,
To bring our lives as a daily offering,
Of worship to The Servant King.

First Station - Jesus stands before Pontius Pilate. He is condemned to death.

Look at Jesus

Jesus is standing before angry people who are yelling and saying mean, hurtful things to him. They scream at him. Some of them tell lies about him, saying that he did bad things.

But Jesus stays quiet, even though he knows that he will be hurt. He knows that God is with him. He even asks God to help him forgive the people who are yelling and telling lies about him.

Look into your heart

Has anyone ever said mean or hurtful things about you, or has anyone ever told a lie about you? If someone did that to you, look into your heart and consider how you felt. Maybe you were scared, or hurt, or maybe you felt very angry.

When you think about how you felt, think about how much Jesus loves you. Then, when you are ready, you can ask Jesus to help you make your heart more like His. Maybe you want to ask Jesus to help you to remember that God is always with you.

Second Hymn - Kum Ba Yah

Someone's crying Lord, Kum ba ya.
Someone's crying Lord, Kum ba ya.
Someone's crying Lord, Kum ba ya.
Oh Lord, kum ba ya.



Second Station - Soldiers put a heavy cross on Jesus' shoulders.

Look at Jesus

When the soldiers put a big, heavy cross on Jesus' shoulders, Jesus doesn't fight with them or say angry words to them. He knows that he has to carry this cross a long way, and he knows that the way will be very hard for him at times. But Jesus knows that God is with him, and he asks God to help him to carry this cross, even though it is heavy.

Look into your heart

Have you ever had something happen that was very hard for you? Sometimes children are very sick, or someone in their family is very sick. There may have been a time when you were not treated kindly. Sometimes we just can't have things the way we want them.

Take some time to look into your heart and think about how you feel when this happens. Then, remember how much Jesus loves you. Ask Jesus to help you be strong in times like this and help you remember that God is always with you. Ask God to show love, compassion and guidance to those people in your thoughts.

Third Hymn - Be Still And Know That I Am God

Be still and know that I am God. (Three times)
I am the Lord that healeth thee. (Three times)
In thee, O Lord, I put my trust. (Three times)



Third Station - Jesus falls for the first time.

Look at Jesus

Jesus is so tired as he walks along the road with the heavy cross on his shoulders. The cross keeps pushing into his shoulder, and the stones on the road hurt his feet. People yell and push him; the soldiers shout for him to move faster.

Then Jesus falls, and the soldiers yell at him more. How tired Jesus is! Jesus prays in his heart, "God, help me remember that you are here."

Look into your heart

Have you ever fell when you were playing, or when you were helping with something? Falling really hurts, doesn't it? When people make mistakes, it is like falling. And when that happens, their heart sometimes feels like it is hurt.

Can you remember a time when you fell, when your heart felt hurt? As you remember that time, and look into your heart, remember how much Jesus loves you. Ask Jesus to help you be strong in times like this and help you remember that God is always with you. When you fall, pick yourself up. God will provide you with all the guidance and support you need to make the next steps in your life, no matter how hard the fall.

Forth Hymn - Do Not Be Afraid

Do not be afraid, for I have redeemed you.
I have called you by your name;
you are mine.

When the fire is burning all around you,
you will never be consumed by the flames.

Do not be afraid, for I have redeemed you.
I have called you by your name;
you are mine.



Fourth Station - Jesus meets his Mother.

Look at Jesus

As Jesus walks slowly with the cross on his shoulders, a woman comes up to him. It's Jesus' mother, Mary. How sad for them to see each other now. Mary feels so sad because she sees how much he is suffering, and Jesus sees the sadness Mary feels. Even though they both know that God is with them, they can't even say anything to each other, because they are so upset.

Look into your heart

Have you ever been very sad, or do you know someone who has been very sad? Being sad can really hurt someone's heart a lot. Sometimes our hearts are sad because we cannot be with someone we love.

If you can remember a time when you were very sad, look into your heart and think about how you feel. Then, picture how much Jesus loves you. Then, when you are ready, you can ask Jesus to guide you to remember all of the things that make your heart happy. When you are feeling sad, remember to think about happy memories or happy times you have in your future.

Fifth Hymn - Sing Of A Girl.

Sing of a girl on a hillside alone.
Blood on her hand and grey in her hair.
Sing of a body broken and torn.
Oh the child that mother will bear.



Fifth Station - Simon of Cyrene helps Jesus to carry his cross.

Look at Jesus

Jesus is so tired that the soldiers know he cannot carry the heavy cross by himself. So they look around and see someone who looks strong enough to help Jesus carry this cross. This person's name is Simon.

Jesus just looks at Simon and quietly whispers, "Thank you" to Simon. Then they continue on the long road, carrying the cross together.

Look into your heart

Sometimes helping someone can be difficult, for so many different reasons. Maybe you haven't finished something that you like to do, when someone asks you for help. Or maybe you just don't feel like helping that person.

Can you think of a time when you were asked to help someone and did not want to help? Show Jesus what it was like when that happened, and remember that Jesus loves you and will forgive you. Maybe you can even hear Jesus whisper, "Thank you for helping." When you are ready, you can ask Jesus to help you to always have a patient, helping heart.

Sixth Hymn - When I Needed A Neighbour

When I needed a neighbour,
Were you there, were you there?
When I needed a neighbour, were you there?

And the creed and the colour
And the name won't matter,
Were you there?



Sixth Station - Veronica wipes the face of Jesus.

Look at Jesus

Jesus is hot, tired, and sweating. His hair is all tangled, and he is covered in dust from the long walk. Suddenly, a woman pushes her way out of the crowd and stands in front of Jesus. She takes a clean cloth and gently wipes Jesus' face. Jesus is so thankful that he leaves a picture of his face on her cloth.

Look into your heart

Have you ever helped someone? Have you ever done something that helped someone feel better?

Sometimes you may have done something that you thought was very small or unimportant: bringing a glass of water or juice to someone, or even giving someone a helping hand with a chore. Maybe you just smiled at someone who looked sad!

As you think of the times you helped, show Jesus how you are feeling in your heart. Remember how much Jesus loved you. Maybe you can also picture Jesus leaving a picture of his face on your heart. What a wonderful heart you have!

Seventh Hymn - When I needed a healer

When I needed a healer,
Were you there, were you there?
When I needed a healer, were you there?

And the creed and the colour
And the name won't matter,
Were you there?



Seventh Station - Jesus falls for the second time.

Look at Jesus

How very tired, weak, and sad Jesus is now. Even though he keeps trying to walk with the heavy cross, he just can't keep going.

The noise from the crowd and from the soldiers makes him feel even worse. Then Jesus falls, because he just can't take another step.

Look into your heart

Have you ever had a hard time with something? Maybe you can't do something the way you want, or you feel as if you keep messing up on something? How does your heart feel when that happens? Maybe your heart feels the way Jesus' heart felt when he fell this second time.

When you show Jesus how your heart felt, picture in your mind how much Jesus loves you. He knows how your heart felt; his heart probably felt the same way.

Eighth Hymn - Jesus I Love You

Jesus I love you,
Jesus I love you,
Jesus I love you,
You are my Lord.



Eighth Station - Jesus meets women who are crying.

Look at Jesus

After Jesus gets up, he continues on the road carrying his heavy cross. He passes some women who are crying because they are so sad to see Jesus suffer.

But instead of thinking only of himself and how bad he feels, Jesus tells the women not to keep crying because of him. He tells them, instead, to take care of others, and especially to take care of their children.

Look into your heart

Sometimes it is easy to just think about ourselves - about what is not going the way we want it, or about problems that we have. It is very hard, then, to think about other people. How does your heart look when you do that, when you think only about yourself?

Look into your heart and remember that even when you feel like this, Jesus loves you. When you are ready, ask Jesus to help you have a heart like his, a heart that thinks about other people and remembers other people? That's the kind of heart Jesus has.

Ninth Hymn - The Love I have for you, my Lord.

The love, I have for You, my Lord,
Is only a shadow of Your love for me;

Only a shadow of Your love for me,
Your deep, abiding love.

My life is in Your hands,
My life is in Your hands.
My love for You will grow, my God;
Your light in me will shine.



Ninth Station - Jesus falls for a third time.

Look at Jesus

Jesus is so tired now that he can hardly take another step. It is hard for him to breathe. He has been walking a long time along the dusty road, and he has no energy left. He just can't go on anymore.

Then Jesus falls down in the street for the third time.

He is so very tired. Jesus asks God to help him. And Jesus gets up again, even though it is hard for him to do.

Look into your heart

When we have really tried to do our best, and have not been able to succeed, it is easy to feel like Jesus did.

Sometimes other people just keep yelling about something we do, or sometimes other people make fun of the way we do something.

Can you remember a time when you felt this tired in your heart, when you seemed to be having a sad or hard time with someone or something? Look at how your heart felt, and show your heart to Jesus. When you are ready, ask God to help you when you feel this way. He will give you the helping hand to keep going and try again. He loves you in your hardest times.

Tenth Hymn - Kum Ba Yah

Someone's crying Lord, Kum ba ya.
Someone's crying Lord, Kum ba ya.
Someone's crying Lord, Kum ba ya.
Oh Lord, kum ba ya.



Tenth Station - Jesus' clothes are taken away.

Look at Jesus

Finally, Jesus reaches the hill that is the end of the road he has to walk. Jesus knows that he will die here. But before he dies, the soldiers will do more to him. They pull off his long robe, and almost all his clothes are taken from him.

Jesus stands in front of the crowd with only a small piece of cloth covering part of his body. Jesus asks God to help him remember that he is not alone, that God is with him through all this.

Look into your heart

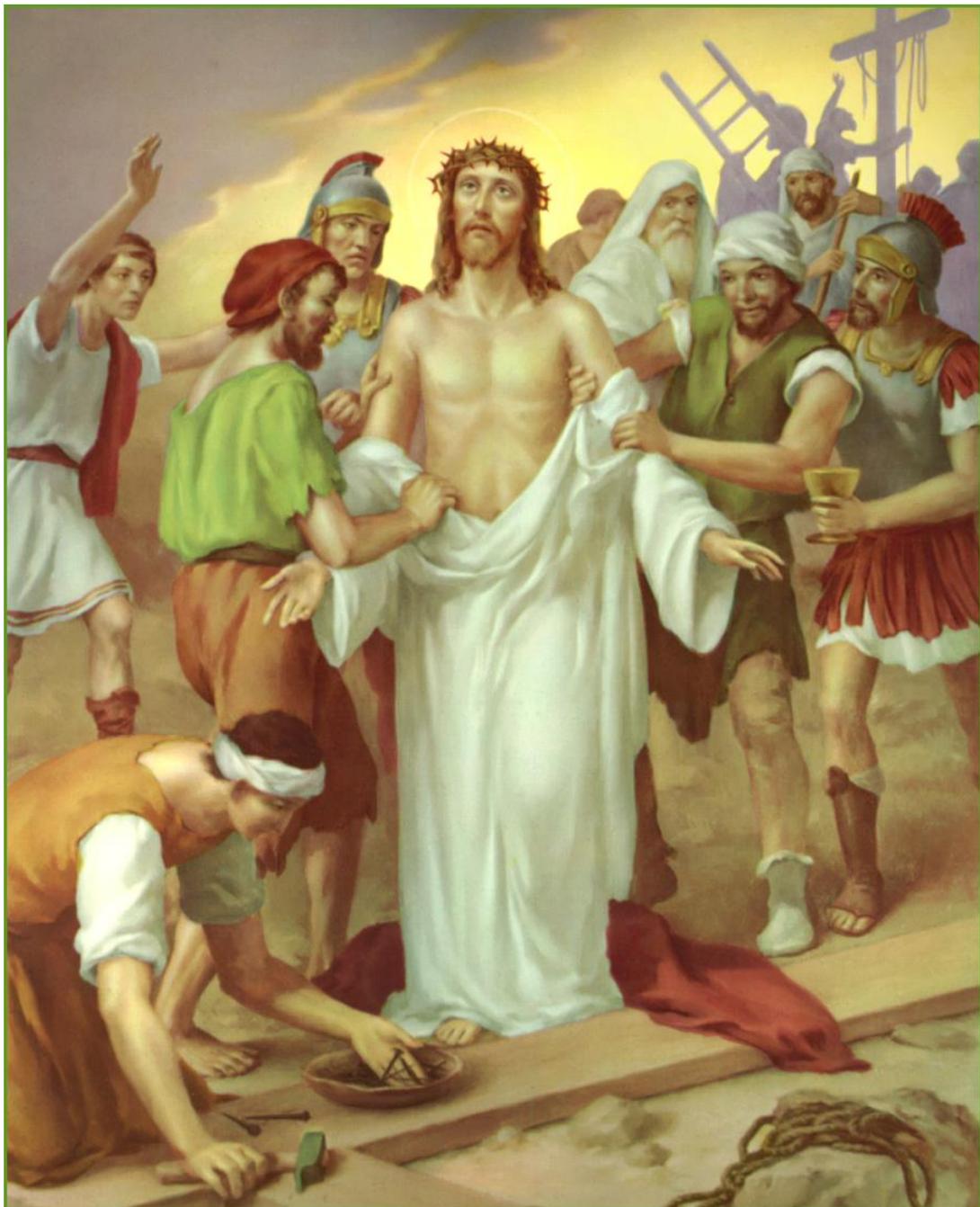
Is it hard for you to share or to give away something that you like? Do you sometimes like to keep everything for yourself? Do you ever let something of yours be the reason for bad feelings or bad words between you and someone else?

If you remember a time when something like this happened, remember how your heart felt. Then, show your heart to Jesus. You can ask Jesus to help you to have a heart that is a generous heart - just like His.

Eleventh Hymn - When I Needed A Neighbour.

I was cold, I was naked,
Were you there, were you there?
I was cold, I was naked, were you there?

And the creed and the colour
And the name won't matter,
Were you there?



Eleventh Station - Jesus is nailed to the cross

Look at Jesus

Jesus feels unbearable pain as the soldiers nail him to the cross. He hurts all over; he is tired and thirsty; he knows that he is going to die. But he looks at the people who have hurt him and, instead of saying bad things to those people, Jesus asks God to forgive them. He looks at his mother and tells her to take care of others. Even when he is dying, Jesus is thinking of other people.

Look into your heart

Can you think of a time when someone hurt you with unkind words or actions? Was it hard for you to forgive that person?

Jesus knows that forgiving is hard to do. That's why Jesus will help to change your heart when you ask him to help you to forgive someone. Jesus can help you have a forgiving heart, even in the most difficult situations, just like Him.

Twelfth Hymn - When I Think About The Cross

When I think about the cross,
When I think of Jesus,

I'm reminded of his love -
Love that never leaves me.
Who am I That He should die,
Giving life so freely?
When I think about the cross,
Help me to believe it.



Twelfth Station - Jesus dies on the cross

Look at Jesus

Finally, after the long walk, after falling three times, after having the men beat him, after being nailed to the cross and suffering on the cross, Jesus bows his head and dies.

Now this part of his life is over. There is nothing left for Jesus to give or to do. Jesus has given his life for all of us.

Look into your heart

Have you ever felt that you wanted to make something better, or that if you only tried harder, something would change that you want to change? Or maybe you felt that you did not try hard enough at something, and something bad happened.

If you can think of a time like that, tell Jesus and let him love you. When you are ready, you can ask Jesus to help you to have a selfless heart, just like His.

Thirteenth Hymn - See a Dying Man...

See a dying Man, with arms outstretched,
at the setting of the sun.

He stretches healing hands to you.
Will you take them for your own?



Thirteenth Station - The body of Jesus is taken down from the cross

Look at Jesus

Now Jesus' lifeless body is taken down from the cross.

No more pain or suffering for Jesus; all the pain is over. Mary, Jesus' mother, holds him tenderly in her arms. She feels so sad in her heart. Jesus' friends are sad too. They are crying as they hold his body.

Look into your heart

Is there someone you love who has died? When you remember that person, how do you feel?

When you feel sad, tell Jesus what you miss about the person who died. Jesus knows what your heart looks like, and loves you when you show him your heart. He can even help your heart become more like his. Let him guide you to remember the happiness the person brought to your life and celebrate this, rather than dwell on the sadness of your loss. They now have everlasting life in heaven with God!

Fourteenth Hymn - Jesus Remember Me.

Jesus, remember me when you come into your kingdom.
Jesus, remember me when You come into your kingdom.
(Three times)



Fourteenth Station - Jesus is laid in the tomb

Look at Jesus

Jesus' friends wash his body and wrap it in a clean sheet. They touch his body gently, and then they put his body into a tomb. When they are finished, they push a very large stone over the entrance, so that no one can go inside.

Now there is darkness in the tomb where Jesus' body lies, and all of his friends go home because they are very sad and tired.

Look into your heart

Can you remember a time when you were very sad to say "Good-bye" to someone? Maybe you were leaving the person for only a short time, or maybe it was for a long time. Maybe you said "Good-bye" to someone you loved when that person died.

Take a few moments to think about one of those times you were sad saying "Good-bye," and show Jesus how you felt. Remember how much Jesus loves you. He will always be with you when your heart is sad. Let Jesus love you and take care of you in times of sadness.



Final Hymn - Were You There?

1. Were you there when they crucified my Lord?

Were you there when they crucified my Lord?

Oh, oh, oh, oh! Sometimes it causes me to tremble,
tremble, tremble.

Were you there when they crucified my Lord?

2. Were you there when they nailed him to the tree?

Were you there when they nailed him to the tree?

Oh, oh, oh, oh! Sometimes it causes me to tremble,
tremble, tremble.

Were you there when they nailed him to the tree?

3. Were you there when they laid him in the tomb?

Were you there when they laid him in the tomb?

Oh, oh, oh, oh! Sometimes it causes me to tremble,
tremble, tremble.

Were you there when they laid him in the tomb?

4. Were you there when he rose from out the tomb?

Were you there when he rose from out the tomb?

Oh, oh, oh, oh! Sometimes it causes me to tremble,
tremble, tremble.

Were you there when he rose from out the tomb?